



Northwest Chapter

Volume XLIV Issue 3

NORTHWEST OUTPOST

February/March 2022

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NWPVA

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Our Mission

The Paralyzed Veterans of America, a congressionally chartered veterans service organization founded in 1946, has developed a unique expertise on a wide variety of issues involving the special needs of our members-veterans of the armed forces who have experienced spinal cord injury or dysfunction.

PVA will use that expertise to be the leading advocate for:

- *Quality health care for our members,*
- *Research and education addressing spinal cord injury and dysfunction,*
- *Benefits available as a result of our members' military service,*
- *Civil rights and opportunities which maximize the independence of our members.*

To enable PVA to continue to honor this commitment, we must recruit and retain members who have the experience, energy, dedication, and passion necessary to manage the organization and ensure adequate resources to sustain the programs essential for PVA to achieve its mission.

The Northwest Chapter Paralyzed Veterans of America (NWPVA) a member chapter of Paralyzed Veterans of America accomplishes it's mission by coordinated efforts through programs that:

- *Provide opportunities for health promotion, recreation, employment, sports and recreation, service and camaraderie for paralyzed veterans;*
- *Elevate society's information level about the attitudinal, physical and legal barriers that confront persons with disabilities in order to influence the removal of those barriers;*
- *Advocate for and monitor the delivery of high quality and appropriate health care benefits and service;*
- *Cooperate with and seek the support of other groups and individuals that share NWPVA's objective;*
- *Educate the public with the current and ongoing needs and current and past contributions of America's veterans.*

Northwest Chapter Paralyzed Veterans of America

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206-241-1843

1-800-336-9782

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Matthew Mickunas Moving Forward



Your Northwest Chapter has been quite busy since putting out the last Outpost Newsletter. Leadership continues to ensure membership & volunteer reports are completed and any reports required are sent off to PVA National before their due, along with the Annual Report, Annual Statement of Good Standing, and our Annual Independent CPA Report that showed not just our great strength, but made a point that our financials meet accounting and principle standards. Most importantly, the Seattle SCI unit has had no Covid positive outbreaks amongst the inpatients and a positive point to note; The WA State Veterans Homes, are opening up to allow two registered volunteers a day to be able to enter the consolidated nursing facility and are able to conduct one-on-one peer mentoring sessions with the Residents onsite.

Your Northwest Chapter is in the final stages of moving towards PVA's new Chapter Peer Mentoring Program. The Northwest Leadership has identified Peer Mentor Candidates from within the Chapter's Membership. They will go through training and guidance before mentoring by our SCI Phycologist that are known in the program as Peer Mentor Coordinators. The purpose of the Peer Mentor Program is to provide newly injured spinal cord Veterans, active-duty military personnel, and selected older spinal injuries an opportunity to gain from the experiences of SCI persons (peer mentors) who have demonstrated independence in community living. The objective of this program is to assist in the adjustment process through providing a positive role model, enhancing the overall rehabilitation process, and providing information/support regarding the transition from hospital to home.

Members Missing in Action

Does anyone have any information on these Members below?? They are due to be dropped from the PVA National & Chapter Membership Rosters' if we can't find them due to undeliverable mail and incorrect phone & email. Please contact the Northwest PVA office at (206) 241-1843 if you are able to help. Please mail, call, or email us too if you change your phone, address, or email; Please let us know today.

- *Jeffery D, Sparks
- *Daniel C. Underwood
- *Wallace Carlson
- *Ranulf Muir
- *Charles Salley
- *Lenora Stern
- *Steven Hathon



With the great amount of information flow the chapter receives by email, we encourage every member to have at least one email per membership family for contact. When you have an email address on record, your Northwest Chapter has the ability to keep you informed & updated on special events, activities, and important membership information. Please take a moment to find a simple email partner like Gmail, Yahoo Mail, or others. Once you sign up, please send us a simple email with your name & phone number so that we are able to update our records at pvachnw@mindspring.com.

Robert Clinton Vice Presidents Message



This month was somewhat uneventful as far as chapter activities, but we still maintained our efficiency, by submitting some major administrative yearly reports on time, even with some clear challenges locally and nationally as the new year rolled in. We all have had to wear masks that hide our faces and hide smiles as well as frowns. Zoom calls cannot take the place of real face-to-face meetings. Then, just when everyone is all vaccinated and boosted up there is a new Covid variant present that forced the VA and us to cancel and reschedule appointments & events. But now there is good news, the VA is back up and scheduling appointments, in December our Chapter sponsored an extremely successful Christmas dinner hosted for the Seattle SCI patients.

Volunteer Coordinator's Message

Contrary to what was reported at December's Board of Directors meeting for volunteer hours, we were up slightly for December coming in at 281 hours as with November's 266 hours. This difference was all due to additional hours submitted by our Chapter's leaders & members hard at work advocating for our mission. Remember, **Your Volunteer Hours!!** – Are always due to myself no later than the 5th day of every month, following the month of volunteering, and please, always look for my reminders in your email. I'm here for you always, to help you secede, and show our Chapters due diligence with lots of volunteer hours!! "Please don't wait until the last minute to submit your valuable hours, always contact Bob at bclinton.va@gmail.com ." If you enjoy advocating alongside PVA's mission programs, values, and goals & want to be a Northwest local volunteer or one in your present state & local community, please contact Bob at his email. Bob will send you the user friendly volunteer application, or you can go onto our website at www.nwpva.org . On our "Website's Homepage", you'll find a link "Volunteer Form" to download and print out. Once filled out and signed, please mail it back to us at the chapter or email it to Bob. Thank you.



Tracy Storms

Women Veterans' Message



Currently, there are 2 million Women Veterans living in the U.S., and women are the fastest growing demographic in both the military and Veteran population. Female Veterans using the VA often have complex health care needs such as Post-Traumatic Stress due to war-related trauma and Sexual Trauma, Mental Health Care and Substance Use Disorders – services that, on average, they use at higher rates and more often than Male Veterans.

“We want to be a voice for America’s Women Veterans, who deserve the very best in health care, benefits, employment, accessibility and more,” said Paralyzed Veterans of America & National Vice President, Tammy Jones . “When disabled Women Veterans don’t feel comfortable or welcomed within the VA – for example, because the women’s health clinics aren’t wheelchair-accessible or because they have experienced sexual trauma there – that poses a serious barrier to their well-being.”

Women Veterans Empowerment Retreat; Created For Women By Women

From service members and family members to caregivers and more, Women Veterans wear many different hats, and so do the unique health care challenges they face. PVA’s Women Veterans Empowerment Retreat, is an all-expenses-paid retreat that focuses on the holistic well-being of women veterans with disabilities. This immersive and outcomes-driven experience – limited to just 40 attendees – is designed to empower Women to navigate the unique challenges of their everyday lives ... and help them flourish. Participants enjoy four days of learning and community-building in an inclusive and supportive environment. During the retreat, PVA assembles a line-up of experts and thought leaders who present on topics including:

- Whole health – mind, body, and spirit
- Independent living
- Financial security
- Nutrition
- Finding meaningful employment
- Accessing VA benefits

Women’s Health

This year’s Women Veterans Employment Retreat dates and location have not been released yet. If interested in this event or other Women Veteran activities, please email the Chapter Office at www.pvachnw@mindspring and we’ll pass your message on to Tracy.



VA Automated Benefits Delivery

Michael Killen

System Pilot



V

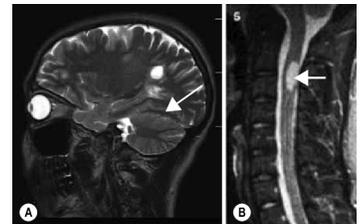
A is testing a new, automated system that may help the Department accelerate decisions on disability claims and decrease its backlog of claims applications.

According to the Department, its new VA Automated Benefits Delivery System, launched in December, is processing claims within a day or two, while the traditional method of processing these claims currently takes 100 days or more. The pilot is currently focused on claims related to service-related hypertension, and processing claims through the agency's Boise Regional Office.

Multiple Sclerosis By Matthew Mickunas

Comprehensive Approach to MS

Today multiple sclerosis (MS) is not a curable disease. Effective strategies can help modify or slow the disease course, treat relapses, manage symptoms, improve function and safety, and address emotional health. The model of comprehensive MS care involves the expertise of many different healthcare professionals – each contributing in a unique way to the management of the disease and the symptoms it can cause. Sometimes this team works within a single center, offering you “one-stop shopping”. More often, you are referred by your MS physician to other specialists in the community. In either case, the goal is comprehensive, coordinated care to manage the disease and promote comfort, function, independence, health and wellness. For most people with MS, the Neurologist functions as the leader of the team. As a specialist in diseases of the nervous system, it is the Neurologist's job to make the MS diagnosis, identify treatment strategies and coordinate these treatment efforts with other members of the team.



Exacerbation??

An exacerbation of MS or re-lapse; is the occurrence of new symptoms or the worsening of old symptoms. It can be very mild, or severe enough to interfere with a person's ability to function. No two exacerbations are alike. Symptoms vary from person to person and from one exacerbation to another. For example, the exacerbation might be an episode of optic neuritis (inflammation of the optic nerve that impairs vision), or problems with balance or severe fatigue. Some relapses produce only one symptom, other relapses cause two or more symptoms at the same time. To be a true exacerbation, the attack must last at least 24 hours and be separated from the previous attack by at least 30 days. It must also occur in the absence of infection, or other cause. Most exacerbations last from a few days, to several weeks, or even months.



Brent King

Veteran Donates Leg to Cadaver Dog Training



T

he story below is one from one of my three-year adventures with bone infections in legs. I was in and out of the Spokane VAMC, Puget Sound Health Care System SCI Unit and Sacred Heart in Spokane. It was like a revolving door.

Before one of my 30 or so surgeries I was told that it was 50/50 if I would wake up after the surgery. I kept waking up after each surgery. It was not a fun ordeal, but all in all I received very good care keeping me alive.

It's been almost 8.5 years later and my leg that is in pieces is still being used to train these search and rescue cadaver dogs. The frozen section of leg is wrapped in a plastic shopping bag and hidden. These dogs' mission and purpose is to find that decomposing scent and then they get their toy ball as a reward.

Years back one of the dogs trained on my leg was at the Inland Northwest Big Horn Show and he alerted on me rolling by. He knows my scent. I didn't think I smelled that bad? The trainer was impressed that "Ruger" a Red-bone Coonhound alerted on me!

Here's the short write up from 2014 from the Spokesman Review:

When Brent King, a veteran from Spokane, WA., found out last year that he would have to have a leg amputated due to a bone infection, he decided to do something positive about it.

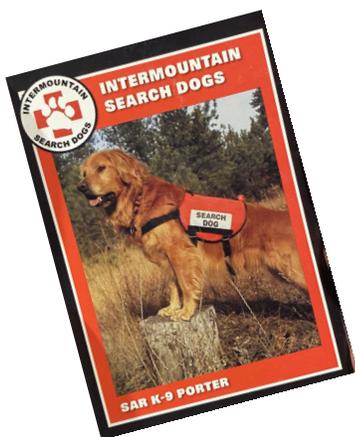
King donated the limb to the Spokane County Sheriff's Office, where it has been put to use in training cadaver dogs to find bodies. Thanks to King's leg, members of the Intermountain Search Dog Team were later able to locate victims of the horrific Oso mudslide in March.

KREM reports that King's leg is being used in cadaver dog training programs from as far away as Wisconsin, and has helped hundreds of people.

King, who's President of the Northwest Chapter of Paralyzed Veterans of America, has been paralyzed since 1994. While running an obstacle course during military training, he fell 18 feet and broke his back.

After losing one of his legs to a bone infection, doctors told King last year he would have to have the other one amputated, for the same reason.

King's loss turned out to be a major gain. His donation has also inspired others facing amputation. Earlier this year, a woman from Idaho donated part of her foot to the cadaver dog training program, according to KREM.



National Veterans Wheelchair Games!! First Call!

Russ Norris



If you plan to go to the National Veterans Wheelchair Games (NVWG) in Tempe, Arizona this July, registration opened the 1st of February and if you're a Novice (first time attending) we will provide financial support from the Northwest Chapter that funds your ½ room lodging and transportation. You'll need to get our NVWG sponsorship form filled out and into the office no later than March 31st, 2022. Late applications will NOT be accepted! If you need an application for sponsorship to the NVWG's, please email the Chapter Office at www.pvachnw@mindspring.com or call (206) 241-1843 to request one. Remember to also download, print, and set an appointment up your NVWG physical, both registration and medical forms must be turned into the appropriate means no later than April 4th. Those wheelchair athletes who plan to go to Tempe, AZ please get with your VA Recreation Therapist or Team Coach. Especially if you're a repeat athlete that is registering for the NVWG's and going for a 2nd time or more, please call/email them so you're on their email list and are able to receive all information that may pertain to the Games and to Team Northwest!

LIFETIME DISABLED VETERAN PASS

Washington State Parks and Recreation Commission offers the Lifetime Disabled Veteran pass to Washington state residents who are Veterans with 30% or greater service-connected disabilities. Email to: passes@parks.wa.gov Benefits of the pass include:
Free entry to state parks, free boat launch, free trailer dump, no reservation fees, and free nightly camping or moorage.

Camping and Recreation for people with disabilities. Barrier-Free Camp & Respite Service in Vaughn, WA

Since 1974, Easter Seals Camp Stand By Me has been an inclusive, barrier-free environment for children and adults with disabilities to experience all the joys of camp without limitations. Camp is about all the things children and adults CAN do: swim, canoe, sing, eat s'mores, build lifelong friendships and more. We offer week-long sessions in the summer, and weekend respite in the fall, winter, and spring. With low staff to camper ratios and an on-site registered nurse, we can serve children and adults of any ability level.

Camp Stand By Me still offers all of the activities of a traditional summer camp in a safe, accessible environment.

- Campfires, Boating and Fishing, Swimming, Arts and Crafts, Outdoor Education, Sports and Recreation Archery, & Cabin Rentals

Office Phone: (253) 884-2722

Office Email: campadmin@wa.easterseals.com

17809 South Vaughn Road NW / PO Box 289 / Vaughn, WA 98394



ADA OPEN HOUSE

Americans with Disabilities Act

Unlocking Access and Opportunity for Hunters with Disabilities

Saturday: April 9th

10am to 4pm Lunch Provided

Doors open at 9:30am

If you're a hunter with disabilities, or know someone who is—Bring them to the **INWC's ADA Open House**:

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Hunting Access to public and private property

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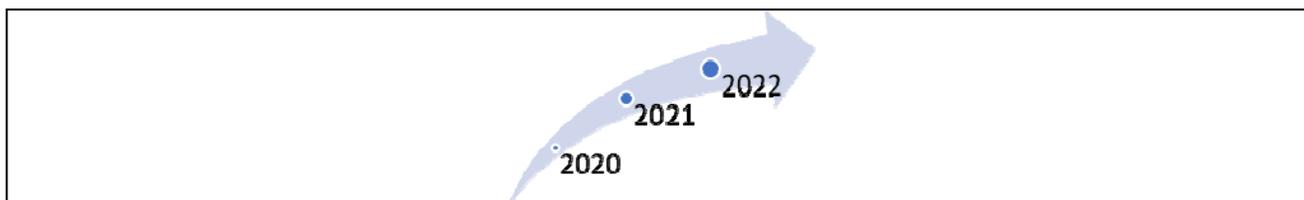
Northwest Chapter



We Salute You!

A

special thank you to all our donors who continue to make the programs at Paralyzed Veterans of America, Northwest Chapter thrive and grow stronger.



The Seattle Foundation
Absolute Mobility Center
Mobility Roadside Assistance
Ability Center
Schwab Charitable Fund
TCC Version
Benevity
Frontstream
Employee Giving Program (KCEGP)
Morgan Stanley
The Blackbaud Giving Fund
Others First
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Olympic Landscape

Z-Man Trust
Jeannette Postnikoff Trust
Henry Baird
COSTCO
Target
Fidelity Charitable Gift Fund
Verizon Foundation
VFW
Boeing
Dorothy Waugh (Ernie's Mom)
Robert Powers
King County
Amazon





Issue #1 · Volume #28

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January 14, 2022

U.S. ACCESS BOARD/DOT HOST PUBLIC MEETING TO GATHER ADDITIONAL INFORMATION ABOUT AIRCRAFT ONBOARD WHEELCHAIR REQUIREMENTS

On December 16, PVA Deputy Executive Director Shaun Castle spoke during a public meeting sponsored by the U.S. Access Board and the Department of Transportation (DOT) regarding the design of aircraft onboard wheelchairs. PVA feels very strongly that the onboard wheelchair is a crucial link in ensuring proper and dignified access to accessible lavatories. Twin-aisle aircraft are already required to have accessible lavatories and a very small number of single-aisle aircraft have them as well.

DOT is slated to put out a proposed rule for public comment soon about requiring larger single-aisle aircraft to have an accessible lavatory. In his comments, Mr. Castle noted that an aircraft with a fully accessible lavatory that includes no safe or dignified way to reach it would only continue to put lavatory access out of reach of passengers who require an onboard wheelchair.

Lavatory access is important for all air travel passengers, including those with disabilities. As part of a recent, informal survey, PVA and other disability organizations sought to learn about the current air travel experience of passengers with disabilities. Out of 1,034 respondents, 647 individuals or 63 percent said that they have avoided air travel because they have no access to the lavatory during flight. Of 1,232 respondents, 592 individuals or 48 percent said that no lavatory access by itself was reason enough not to travel by air unless absolutely necessary.

Overall, the current onboard wheelchair provides minimal to no support depending on the passenger's disability. PVA believes that the onboard wheelchairs that are in use today need to be improved significantly to ensure safe egress and access to the lavatory without putting a passenger with a disability at risk. Mr. Castle noted that PVA believes the Access Board's Advisory Guidelines for onboard wheelchairs would make critically needed improvements to these devices and encouraged DOT to adopt those guidelines rather than using broad performance standards.



ANNUAL DEFENSE POLICY BILL SIGNED INTO LAW

Late last month, the President signed the National Defense Authorization Act (NDAA). This annual bill authorizes a host of Pentagon programs and weapons systems but occasionally contains items affecting veterans as well. Below is a listing of some provisions of interest to PVA:

Authorization to build a Global War on Terrorism Memorial on the National Mall—This is the initial part of a long and complicated 24-step process that will include ap-

provals from the National Capital Planning Commission and the National Park Service before the monument can be built. The Memorial, which is to be built using private donations, will honor all who have served and sacrificed in the ongoing international military campaign to defeat terrorists intending to harm our country and its citizens.

Waiver of National Park Fees—This provision permanently waives national park fees for any veteran or Gold Star family member. It also gives free annual passes to

active-duty military for national parks and federal recreational lands.

Burn Pit Registry—This provision directs VA to include in its open burn pit registry locations where they were used in Egypt and Syria. Housing Modifications for Military Families—This provision includes PVA-endorsed legislation introduced by Representatives Stephanie Bice (R-OK) and Sara Jacobs (D-CA) to protect military families from being charged for home modifications needed by a family member with a disability.

BIPARTISAN LEGISLATION INTRODUCED TO ADDRESS DIRECT CARE WORKER SHORTAGE

On December 7, Representatives Matt Cartwright (D-PA) and David McKinley (R-WV) introduced H.R.6149, the Improving Care for Vulnerable Older Citizens and People with Disabilities through Workforce Advancement Act of 2021. The legislation builds on preliminary research suggesting that providing direct care workers with career advancement opportunities would improve an array of outcomes, from increasing job satisfaction and retention to reductions in emergency room admissions and health care costs. It would create a demonstration program to test the impact of additional training, compensation, and professional roles on direct care workers.

JUSTICE FOR ALS VETERANS ACT INTRODUCED

Legislation to increase VA Dependency and Indemnity Compensation (DIC) for the survivors of veterans who die from ALS was introduced in the Senate on January 12. The Justice for ALS Veterans Act, S. 3483, is identical to legislation introduced in the House last fall (H.R. 5607). Both measures would allow future survivors of veterans who die from ALS to qualify for the DIC kicker which is an additional \$305.28 per month of DIC. We thank Senators Chris Coons (D-DE) and Lisa Murkowski (R-AK) for introducing this important legislation and urge Congress to pass it quickly.

PVA members are encouraged to contact their elected officials to urge them to support these bills.

PVA's 2022 POLICY PRIORITIES

We recently released PVA's veterans and disability policy priorities for 2022. Our priorities reflect the need for paralyzed Veterans to have access to high quality, comprehensive health care and timely, accurate delivery of all earned benefits. They must also have equity of access to the opportunities and freedoms available to all Americans. The list of priorities for this year are as follows:

- Protect Access to VA's Specialized Health Care Services (System Access, Staffing, and Infrastructure)
- Expand Access to VA Long-Term Services and Supports (Facility-Based Long-Term Care and Home and Community-Based Services and Caregiver Supports)
- Improve VA Health Care Services and Benefits for Catastrophically Disabled Veterans and their Survivors (Assisted Reproductive Technologies, Survivor Benefits, Adapted Automobile Benefits, and Home Modification Grants)
- Increase Access to VA Health Care and Benefits for Women Veterans with SCI/D
- Protect the Civil Rights of People with Disabilities (Access to Air Travel and Americans with Disabilities Act (ADA) Compliance)
- Strengthen and Enhance Social Security Benefits
- Increase Employment Prospects for Veterans with Disabilities

AMTRAK PAYS OVER \$2 MILLION TO INDIVIDUALS IN DISABILITY SETTLEMENT

The Department of Justice recently announced that Amtrak paid over \$2 million to more than 1,500 individuals who experienced disability discrimination while traveling or attempting to travel by train. The payments were part of a comprehensive settlement agreement reached on December 2, 2020, to resolve the United States' determination that Amtrak failed for over a decade to make existing stations in its intercity rail transportation system Accessible to people with disabilities, including those who use wheelchairs, as required by the ADA. The payments follow a year-long process to identify victims of that discrimination.

The December 2020 agreement requires Amtrak to make its intercity rail system accessible, prioritizing stations with the most significant barriers to access. In the next nine years, Amtrak is required to complete designs to make at least 135 of its existing stations accessible, complete construction at 90 of those stations, and begin construction at 45

more. Amtrak will also train staff on ADA requirements and implement an improved process for accepting and handling ADA complaints. Amtrak recently established an Office of the Vice President of Stations, Properties and Accessibility to coordinate its compliance with the ADA.



Michael Partridge

Agenda in Olympia?



This year is a short, 60-day election year session. That means once the gun went off on Monday, January 10, 2022 it's a sprint to the finish. Typically, even-year sessions are more focused and less ambitious than odd-year, 105-day budget writing sessions. The short session is an opportunity to update the state's two-year budget, respond to new crises, address unfinished business from the year before and make fixes to legislation that's already passed. This year, though, the session may have some extra oomph given the state's strong fiscal position (i.e. there's money to spend) and the need to continue to address fallout from the ongoing pandemic.

Alaska Leaders

Some members of the Alaska Legislature are considering a possible punishment for Wasilla Republican Rep. David Eastman because of his membership in a far-right paramilitary group, the Oath Keepers, whose leaders have been indicted in connection with the Jan. 6 attack on the U.S. Capitol.

Montana Taxes

It's no news to anyone that Montana and national property values have skyrocketed in the last few years. The median price for a home in the U.S. right now is \$375,000. In Montana the median price is \$359,678. The incredible increase in the cost of owning a home is great for the speculators, investors, and flippers who just want to make a killing and pocket the profits. But it's not so great for those who are facing property taxes based on the sky high prices – especially those who have been living in their homes for a long time, are elderly, on fixed incomes, and have no intention of selling them.

Veteran Bill's Being Watched In WA:

*(S Bill 5337) Currently in the Rules Committee: Increases each of the income thresholds for the senior citizen and disabled persons property tax exemption program, by \$5,000.

*(S Bill 5435) Currently in the Transportation Committee: Permitting holders of disabled American veteran license plates and holders of Purple Heart license plates to utilize parking spaces reserved for persons with physical disabilities.



Washington State Capitol (Olympia)

February

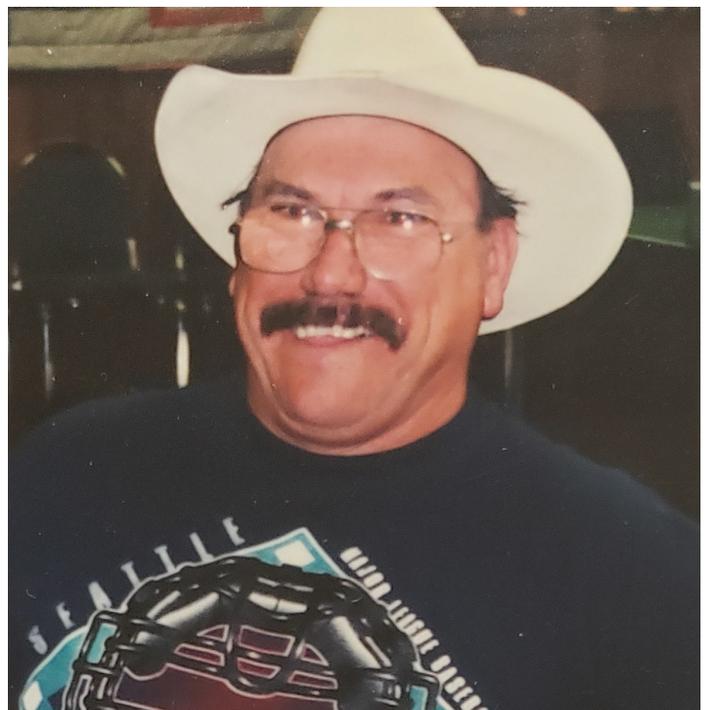
- 14th Valentine's Day
- 17th BOD/General Membership Meeting
1:00 PM
- 21st Presidents' Day

March

- 2nd Lisa's 20th Anniversary with NWPVA
- 13th Daylight Saving Time Begins
- 17th BOD/General Membership Meeting
1:00 PM
- 20th Spring Begins

The Passing of a True Friend and Legacy Member of the Northwest PVA

The world lost a wonderful person in the early morning of December 13, 2021, Mr. Joseph (Joe) Sapienza passed away in Tacoma, Washington. We will never be the same without "Cowboy Joe" in our lives. We can only hope to keep Joe's memory alive and would love your help in doing this. In his honor, The Northwest PVA will organize a 'Celebration of Life' for Joe's nearest and dearest, to rejoice in the wonderful memories he made with us. Joe's Celebration of Life will be held on April 2nd at 2pm, at the Chapter Office in Burien. Address is on the back of this newsletter. **NOTE: Cowboy hats are encouraged!** In leu of sending flowers or gifts, Joe would have asked for you to please donate to the Northwest PVA by going online at: <http://www.nwpva.org/donations>.



For now, we leave a simple saying of Joe's that you may remember....."Let Me Tell You Something"

Zoom...Zoom...Zoom Meeting



The next Northwest PVA
BOD & MEMBERSHIP MEETINGS

February 17th, 2022 & Mar 17th, 2022

via Zoom videoconference. Please connect just before 12:45 p.m. PST, the meeting will be called to order at 1:00pm PST. The primary meeting is being held on site at the Northwest Chapter. Chapter President, Matthew Mickunas, will preside. No advance registration or pass-codes needed, write down or copy and paste into your browser.

<https://us02web.zoom.us/j/9272364376>



Supporting Northwest PVA Veterans Through Amazon Smile

What is AmazonSmile?

AmazonSmile is a simple way for you to support your favorite charitable organization every time you shop, at no cost to you. AmazonSmile is available at smile.amazon.com on your web browser and can be activated in the Amazon Shopping app for iOS and Android phones. When you shop at AmazonSmile, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added benefit that AmazonSmile will donate 0.5% of your eligible purchases to the charitable organization of your choice. You can choose from over one million organizations to support.

Can I use my existing Amazon.com account on AmazonSmile?

Yes, you use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding or baby registry, and other account settings are also the same.

How do I select a charitable organization to support when shopping on AmazonSmile?

On your first visit to smile.amazon.com, you need to select a charitable organization to receive donations from eligible purchases before you begin shopping. We will remember your selection, and then every eligible purchase you make through AmazonSmile will result in a donation. AmazonSmile will occasionally contact you about donation amounts disbursed to your chosen charity or about the program.

Place: **Northwest Paralyzed Veterans of America** when you search for a charity.



Happy Birthday!

February

Richard Grubb	Kane Basie
Patrick Pancoast	Robert King
Darrel Reetz	Robert Clinton
William Devine	Dennis Pankonin
Anthony Lier	Gary Humiston
Richard Koharian	Karl Hugill
Ralph Rasmussen	Joel Knox
John Lind	Patrick Mus
Michael Zirkle	Jeffrey Brandt
Weldon Lee	Donna McKay
Robert Behnke	Debbie Swinyer
Timothy Tighe	Randy Reece
Gary Bunch	Craig Dinklage
Andrew Bartkowski	Aaron Hastings
William Lowery	Jason Hunter
Clifford Chamberlin	Michael McClanahan
Brian Boucher	Varian Hinnant
Patrick Tracy	Wesley Hixon

March

Parvin Hallmark	Joseph Garshae
Dennis Levi	Donald Carr
Michael Conlan	Robert Cinqmars
Gordon Gilchrist	Danny Porter
Benjamin Dodge	Mark Zdeb
Edward Locke	Robbie Smith
Paul Trumbull	Anthony Pasinato
Rita Shirk	Timothy Francis
Ignatius Stiffarm	Jerome Piorkowski
Joe Schwab	Eugene Powers
Richard Gori	James Downer
Gregorio Jimenez	William Groulx
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